Page 1

Weekly Snack & Lunch Menu

Feb. 23 <sup>rd</sup> – Feb. 27 <sup>th</sup>	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Yogurt &	Graham	Herb Greek	Cube Cheese &	Cooking	
	Apples	Crackers	Yogurt Dip &	Fresh Fruit	Tortilla with	
AM Snack		& Pears	Carrots		Butter & Milk	
			Infant & Toddlers			
	Yogurt &	Graham	Herb Greek	Cottage Cheese	Tortilla	
	Apples	Crackers	Yogurt Dip &	& Whole Grain	& Milk	
		& Pears	Carrots	Crackers		
	Turkey, Grilled	Pizza,	"Chili Con	Baked Chicken,	Chicken,	
	Cheese	Salad,	Carne" Broccoli,	Brown Rice,	Vegetables and	
Lunch	Sandwich, Green	Oranges & Milk	Apples & Milk	Carrots, Apples	Noodles	
	Beans, Oranges			& Milk	Casserole	
	& Milk				Melon & Milk	
	Preschool					
	Whole Grain	Hard Boiled Egg	Oranges &	Broccoli	Pretzels &	
	Cracker & 100%	& Wheat Thins	Cheerios	w/Ranch & Pita	Bananas	
PM Snack	Pineapple Juice			Bread		
	Infant & Toddlers					
	Whole Grain	Hard Boiled Egg	Oranges &	Broccoli	Cheerios &	
	Cracker & 100%	& Cheerios	Cheerios	w/Ranch & Pita	Bananas	
	Pineapple Juice			Bread		

March 2 <sup>nd</sup> – 6 <sup>th</sup>	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Chex Cereal	Cooking	Graham	Apples & Wheat	Wheat Thins &	
	&	Scrambled Eggs	Crackers & Milk	English Muffin	Fresh Fruit	
AM Snack	Fresh Fruit	& Oranges				
			Infant & Toddlers			
	Chex Cereal	Cooking	Graham	Apples & Wheat	Pita Bread &	
	&	Scrambled Eggs	Crackers &	English Muffin	Fresh Fruit	
	Fresh Fruit	& Oranges	Milk			
	Fish Sticks	Mac n 'Cheese	"Make Your	Chicken	Minestrone Soup	
	"Tater Tots"	Mixed	Own Tacos"	Quesadillas	Pears & Milk	
Lunch	Green Beans	Vegetables	(Lettuce,	Mixed		
	Melon & Milk	Apples & Milk	tomatoes, cheese	Vegetables		
			and beef), Pears	Oranges & Milk		
			& Milk			
	Preschool					
	Cheese &	Yogurt & Whole	Banana and Milk	Herb Greek	Hummus &	
	Wheat Thins	Grain Crackers	Smoothie	Yogurt Dip &	Celery Sticks	
PM Snack				Cucumber Slices		
	Infant & Toddlers					
	Cheese &	Yogurt & Whole	Banana and Milk	Herb Greek	Hummus &	
	Cheerios	Grain Crackers	Smoothie	Yogurt Dip &	Carrots Sticks	
				Cucumber Slices		

#### Water is served throughout the day and with lunch and snacks- 5:00 PM fruit snack daily <u>Menu Subject to Change</u>

Page 2

Weekly Snack & Lunch Menu

March 9 <sup>th</sup> – 13 <sup>th</sup>	Monday	Tuesday	Wednesday	Thursday	Friday		
		- <b>ue</b> s <b>uu</b> g	Preschool		y		
	Chex Cereal	Cooking	Cucumber Slices	Bagels with	Cheese Cubes &		
	& Apples	Pancakes &	&	Cream Cheese &	Apples		
AM Snack		Milk	Hummus	100% Orange			
				Juice			
			Infant & Toddlers				
	Chex Cereal	Cooking	Cucumber Slices	Bagels with	Cheese Cubes &		
	&	Waffles & Milk	&	Cream Cheese &	Apples		
	Apples		Hummus	100% Orange			
				Juice			
	Chicken	Broccoli & Beef,	Chicken Noodle	Teriyaki	Lasagna,		
Lunch	Nuggets	Potatoes,	& Veggie Soup,	Chicken,	Pears		
	"Tater Tots"	Pears	Melon	Brown Rice,	& Milk		
	Mixed Veggies	& Milk	& Milk	Mixed			
	Oranges & Milk			Vegetables,			
				Oranges & Milk			
		Preschool					
	Yogurt	Cube Cheese &	Wheat English	Chex Cereal	Wheat Thins		
	& Fresh Fruit	Pretzels	Muffin	& Bananas	& Fresh Fruit		
PM Snack			& Fresh Fruit				
	Infant & Toddlers						
	Yogurt	Cube Cheese &	Wheat English	Chex Cereal	Cheerios		
	&	Whole Grain	Muffin	&	&		
	Fresh Fruit	Cracker	& Fresh Fruit	Bananas	Fresh Fruit		

March 16 <sup>th</sup> – 20 <sup>th</sup>	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Cereal	Hummus &	Cooking	Graham	Chex Cereal &	
	& 100% Juice	Carrots	Quesadilla	Crackers & Milk	Apples	
AM Snack	Infant & Toddlers					
	Cereal	Hummus &	Strips of Tortilla	Graham	Chex Cereal &	
	&	Carrots	& Cheese	Crackers	Apples	
	100% Juice			& Milk		
	Turkey and	Baked Chicken,	Spaghetti with	Vegetable, Beef	Teriyaki	
	Cheese	Mashed	Meat Sauce,	and Barley	Chicken,	
Lunch	Sandwich,	Potatoes, Peas,	Peas, Apples	Soup, Oranges	Brown Rice,	
	Baby Carrots,	Melon & Milk	& Milk	& Milk	Mixed	
	Pears & Milk				Vegetables,	
					Pears & Milk	
	Preschool					
	Apples	Wheat English	Whole Grain	Yogurt &	Pita Bread	
	&	Muffin	Crackers	Apples	With Cream	
PM Snack	Hard Boiled	&	&		Cheese & 100%	
	Eggs	Fresh Fruit	Oranges		Juice	
	Infant & Toddlers					
	Apples	Wheat English	Whole Grain	Yogurt &	Pita Bread	
	&	Muffin	Crackers	Apples	With Cream	
	Hard Boiled	&	&		Cheese & 100%	
	Eggs	Fresh Fruit	Oranges		Juice	

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Page 3

Weekly Snack & Lunch Menu

March 23 <sup>rd</sup> – 27 <sup>th</sup>	Monday	Tuesday	Wednesday	Thursday	Friday	
	•	•	Preschool	· · ·		
	Whole Grain	Cinnamon Greek	Cheese Cubes	Hummus &	Cooking	
	Cracker & 100&	Yogurt Dip &	& Fresh Fruit	Carrots	Waffles & Milk	
AM Snack	Pineapple Juice	Apples				
			Infant & Toddlers			
	Whole Grain	Cinnamon Greek	Cottage Cheese	Hummus &	Cooking	
	Cracker & 100&	Yogurt Dip &	& Whole Grain	Carrots	Waffles & Milk	
	Pineapple Juice	Apples	Crackers			
	Split Pea Soup	BBQ Chicken,	Ground Beef	Chicken,	"Make Your	
Lunch	with Carrots	Brown Rice,	with Broccoli,	Veggies and	Own Tacos"	
	Melon & Milk	Green Beans,	Brown Rice,	Barley Soup,	(Lettuce,	
		Oranges & Milk	Melon & Milk	Apples & Milk	tomatoes, cheese	
					and chicken),	
					Oranges & Milk	
	Preschool					
	Yogurt &	Cheese Cubes &	Oranges &	Pears & Pita	Pretzels	
	Apples	Pears	Wheat Thins	Bread	&Bananas	
PM Snack						
	TT		Infant & Toddlers		<b>a</b> 1	
	Yogurt &	Cheese Cubes &	Oranges &	Pears & Pita	Graham	
	Apples	Pears	Cheerios	Bread	Crackers	
					& Bananas	

March 30 <sup>th</sup> – April 3 <sup>rd</sup>	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Chex Cereal &	Cube Cheese &	Cucumber Slices	Cooking	Graham	
	Fresh Fruit	Pita Bread	& Whole Grain	Scrambled Eggs	Crackers &	
AM Snack			Crackers	& Milk	Apples	
			Infant & Toddlers			
	Chex Cereal &	Cube Cheese &	Cucumber Slices	Cooking	Graham	
	Fresh Fruit	Pita Bread	& Whole Grain	Scrambled Eggs	Crackers &	
			Crackers	& Milk	Apples	
	Grilled Cheese	Chicken, Noodle	Vegetable ,Beef	Quesadillas	Chicken, Stir	
Lunch	Sandwich,	and Vegetables	& Rice Soup,	Mixed	Fry Vegetables,	
Lunch	Green Beans,	Casserole,	Apples & Milk	Vegetables	Pears & Milk	
	Apples & Milk	Apples & Milk	Apples & Milk	Pears & Milk		
	Preschool					
	Wheat Thins &	Banana and Milk	Chex Cereal &	100% Juice &	Hummus &	
	100% Grape	Smoothie	Oranges	Pretzels	Celery	
PM Snack	Juice	w/Oats	6		5	
	Infant & Toddlers					
	Wheat Thins &	Banana and Milk	Chex Cereal &	100% Juice &	Hummus &	
	100% Grape	Smoothie	Oranges	Cereal	Carrots	
	Juice	w/Oats				

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Page 4

Weekly Snack & Lunch Menu

April 6 <sup>th</sup> – 10 <sup>th</sup>	Monday	Tuesday	Wednesday	Thursday	Friday
			Preschool		
	Wheat Thins &	Oranges &	Bagel,	Cooking	Yogurt & Fresh
	Fresh Fruit	Wheat English	Cream Cheese	Toast with	Fruit
AM Snack		Muffin	& 100% Orange	Butter &	
			Juice	Fresh Fruit	
			Infant & Toddlers		
	Wheat Thins &	Oranges &	Bagel,		Yogurt & Fresh
	Fresh Fruit	Wheat English	Cream Cheese	Strips of Bread	Fruit
		Muffin	& 100% Orange	& Fresh Fruit	
			Juice		
	Turkey and	Split Pea Soup	Baked Chicken,	Pizza, Salad,	Spaghetti with
Lunch	Cheese	with carrots,	Brown Rice,	Apples & Milk	Meat Sauce,
	Sandwich,	Apples & Milk	Mixed Veggies,		Peas, Apples &
	Celery with		Oranges & Milk		Milk
	Ranch, Melon &				
	Milk				
		r	Preschool		
	Cheese Cubes &	Graham	Broccoli with	Chex Cereal &	Carrots sticks &
	Pretzels	Crackers	Ranch & Pita	Bananas	Herb Greek
PM Snack		&	Bread		Yogurt Dip
		Melon			
		r	Infant & Toddlers		
	Cheese Cubes &	Graham	Broccoli with	Chex Cereal &	Carrots sticks &
	Whole Grain	Crackers	Ranch & Pita	Bananas	Herb Greek
	Crackers	&	Bread		Yogurt Dip
		Melon			

April 13 <sup>th</sup> – 17 <sup>th</sup>	Monday	Tuesday	Wednesday	Thursday	Friday		
			Preschool				
	Cereal	Hummus &	Cooking	Chex Cereal &	Graham		
	&	Carrots	Oatmeal & Milk	Milk	Crackers		
AM Snack	100% Juice				& Fresh Fruit		
			Infant & Toddlers				
	Cereal	Hummus &	Cooking	Chex Cereal &	Graham		
	&	Carrots	Oatmeal & Milk	Milk	Crackers		
	100% Juice				& Fresh Fruit		
	Chicken	Meat Loaf	Lentil Soup,	Baked Chicken,	Macaroni &		
Lunch	Nuggets	Brown Rice	Melon & Milk	Mashed	Beef,		
	"Tater Tots"	Broccoli		Potatoes,	Peas,		
	Carrots, Fresh	Melon		Mixed	Apples		
	Fruit & Milk	& Milk		Vegetables,	& Milk		
				Pears			
				& Milk			
	Preschool						
	Whole Grain	Wheat English	Greek Yogurt	Wheat Thins &	Pretzels &		
	Crackers &	Muffin &	Cinnamon Dip	Pears	Cheese		
PM Snack	Oranges	Tomato Salad	& Apples				
	Infant & Toddlers						
	Whole Grain	Wheat English	Greek Yogurt	Cereal & Pears	Whole Grain		
	Crackers &	Muffin &	Cinnamon Dip		Crackers &		
	Oranges	Tomato Salad	& Apples		Cheese		

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