Weekly Snack & Lunch Menu

June 15 th – June 19 th	Monday	Tuesday	Wednesday	Thursday	Friday		
	Preschool						
	Whole Grain	Oranges &	Bagel,	Cooking	Yogurt & Fresh		
	Crackers &	Wheat English	Cream Cheese	Toast with	Fruit		
AM Snack	Fresh Fruit	Muffin	& 100% Orange	Butter &			
			Juice	Fresh Fruit			
			Infant & Toddlers				
	Whole Grain	Oranges &	Bagel,		Yogurt & Fresh		
	Crackers &	Wheat English	Cream Cheese	Strips of Bread	Fruit		
	Fresh Fruit	Muffin	& 100% Orange	& Fresh Fruit			
			Juice				
	Turkey and	Split Pea Soup	Baked Chicken,	Pizza, Salad,	Spaghetti with		
Lunch	Cheese	with carrots,	Brown Rice,	Apples & Milk	Meat Sauce,		
	Sandwich,	Apples & Milk	Mixed Veggies,		Peas, Apples &		
	Celery with		Oranges & Milk		Milk		
	Ranch, Melon &						
	Milk						
			Preschool				
	Cheese Cubes &	Graham	Broccoli with	Cheerios &	Carrots sticks &		
	Pretzels	Crackers	Ranch & Pita	Bananas	Herb Greek		
PM Snack		&	Bread		Yogurt Dip		
		Melon					
	Infant & Toddlers						
	Cheese Cubes &	Graham	Broccoli with	Cheerios &	Carrots sticks &		
	Whole Grain	Crackers	Ranch & Pita	Bananas	Herb Greek		
	Crackers	&	Bread		Yogurt Dip		
		Melon					

June 22 nd – 26 th	Monday	Tuesday	Wednesday	Thursday	Friday		
			Preschool				
	Cereal	Hummus &	Cooking	Chex Cereal &	Graham		
	&	Carrots	Oatmeal & Milk	Milk	Crackers		
AM Snack	100% Juice				& Fresh Fruit		
			Infant & Toddlers				
	Cereal	Hummus &	Cooking	Chex Cereal &	Graham		
	&	Carrots	Oatmeal & Milk	Milk	Crackers		
	100% Juice				& Fresh Fruit		
	Chicken	Meat Loaf	Lentil Soup,	Baked Chicken,	Macaroni &		
Lunch	Nuggets	Brown Rice	Melon & Milk	Mashed	Beef,		
	"Tater Tots"	Broccoli		Potatoes,	Peas,		
	Carrots, Fresh	Melon		Mixed	Apples		
	Fruit & Milk	& Milk		Vegetables,	& Milk		
				Pears			
				& Milk			
	Preschool						
	Whole Grain	Wheat English	Greek Yogurt	Cheerios &	Pretzels &		
	Crackers &	Muffin &	Cinnamon Dip	Pears	Cheese		
PM Snack	Oranges	Tomato Salad	& Apples				
	Infant & Toddlers						
	Whole Grain	Wheat English	Greek Yogurt	Cereal & Pears	Whole Grain		
	Crackers &	Muffin &	Cinnamon Dip		Crackers &		
	Oranges	Tomato Salad	& Apples		Cheese		

Weekly Snack & Lunch Menu

June 29 th - July 3 rd	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Whole Grain	Cinnamon Greek	Cheese Cubes	Hummus &	School Closed-	
	Cracker & 100&	Yogurt Dip &	& Fresh Fruit	Carrots	Independence	
AM Snack	Pineapple Juice	Apples			Day Holiday	
			Infant & Toddlers			
	Whole Grain	Cinnamon Greek	Cottage Cheese	Hummus &	School Closed-	
	Cracker & 100&	Yogurt Dip &	& Whole Grain	Carrots	Independence	
	Pineapple Juice	Apples	Crackers		Day Holiday	
	Split Pea Soup	BBQ Chicken,	Ground Beef	Chicken,	School Closed-	
Lunch	with Carrots	Brown Rice,	with Broccoli,	Veggies and	Independence	
	Melon & Milk	Green Beans,	Brown Rice,	Barley Soup,	Day Holiday	
		Oranges & Milk	Melon & Milk	Apples & Milk		
	Preschool					
	Yogurt &	Cheese Cubes &	Oranges &	Pears & Pita	School Closed-	
	Apples	Pears	Cheerios	Bread	Independence	
PM Snack					Day Holiday	
	Infant & Toddlers					
	Yogurt &	Cheese Cubes &	Oranges &	Pears & Pita	School Closed-	
	Apples	Pears	Cheerios	Bread	Independence	
					Day Holiday	

July 6 th –July 10 th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Cheerios &	Cube Cheese &	Cucumber Slices	Cooking	Graham	
	Fresh Fruit	Pita Bread	& Whole Grain	Scrambled Eggs	Crackers &	
AM Snack			Crackers	& Milk	Apples	
			Infant & Toddlers			
	Cheerios &	Cube Cheese &	Cucumber Slices	Cooking	Graham	
	Fresh Fruit	Pita Bread	& Whole Grain	Scrambled Eggs	Crackers &	
			Crackers	& Milk	Apples	
	Grilled Cheese	Chicken, Noodle	Vegetable ,Beef	Quesadillas	Chicken, Stir	
Lunch	Sandwich, Green	and Vegetables	& Rice Soup,	Mixed	Fry Vegetables,	
	beans, Apples &	Casserole,	Apples & Milk	Vegetables	Pears & Milk	
	Milk	Apples & Milk		Pears & Milk		
	Preschool					
	Pretzels &	Banana and Milk	Cheerios &	100% Juice &	Hummus &	
	Cheese	Smoothie	Oranges	Pretzels	Celery	
PM Snack		w/Oats				
			Infant & Toddlers			
	Whole Grain	Banana and Milk	Cheerios &	100% Juice &	Hummus &	
	Crackers &	Smoothie	Oranges	Cereal	Carrots	
	Cheese	w/Oats				

Weekly Snack & Lunch Menu

July 13 th -17 th	Monday	Tuesday	Wednesday	Thursday	Friday		
			Preschool				
	Cheerios	Cooking	Cucumber Slices	Bagels with	Cheese Cubes &		
	& Apples	Pancakes &	&	Cream Cheese &	Apples		
AM Snack		Milk	Hummus	100% Orange			
				Juice			
			Infant & Toddlers				
	Cheerios	Cooking	Cucumber Slices	Bagels with	Cheese Cubes &		
	&	Waffles & Milk	&	Cream Cheese &	Apples		
	Apples		Hummus	100% Orange			
				Juice			
	Chicken	Broccoli & Beef,	Chicken Noodle	Teriyaki	Lasagna,		
Lunch	Nuggets	Potatoes,	& Veggie Soup,	Chicken,	Pears		
	"Tater Tots"	Pears	Melon	Brown Rice,	& Milk		
	Mixed Veggies	& Milk	& Milk	Mixed			
	Oranges & Milk			Vegetables,			
				Oranges & Milk			
	Preschool						
	Yogurt	Cube Cheese &	Wheat English	Cheerios	Cheerios		
	& Fresh Fruit	Pretzels	Muffin	& Bananas	& Fresh Fruit		
PM Snack			& Fresh Fruit				
	Infant & Toddlers						
	Yogurt	Cube Cheese &	Wheat English	Cheerios	Cheerios		
	&	Whole Grain	Muffin	&	&		
	Fresh Fruit	Cracker	& Fresh Fruit	Bananas	Fresh Fruit		

July 20 th – 24 th	Monday	Tuesday	Wednesday	Thursday	Friday		
	Preschool						
	Cereal	Hummus &	Cooking	Graham	Cheerios &		
	& 100% Juice	Carrots	Quesadilla	Crackers & Milk	Apples		
AM Snack	Infant & Toddlers						
	Cereal	Hummus &	Strips of Tortilla	Graham	Cheerios &		
	&	Carrots	& Cheese	Crackers	Apples		
	100% Juice			& Milk			
	Turkey and	Baked Chicken,	Spaghetti with	Vegetable, Beef	Teriyaki		
	Cheese	Mashed	Meat Sauce,	and Barley	Chicken,		
Lunch	Sandwich,	Potatoes, Peas,	Peas, Apples	Soup, Oranges	Brown Rice,		
	Baby Carrots,	Melon & Milk	& Milk	& Milk	Mixed		
	Pears & Milk				Vegetables,		
					Pears & Milk		
	Preschool						
	Apples	Wheat English	Whole Grain	Yogurt &	Pita Bread		
	&	Muffin	Crackers	Apples	With Cream		
PM Snack	Hard Boiled	&	&		Cheese & 100%		
	Eggs	Fresh Fruit	Oranges		Juice		
	Infant & Toddlers						
	Apples	Wheat English	Whole Grain	Yogurt &	Pita Bread		
	&	Muffin	Crackers	Apples	With Cream		
	Hard Boiled	&	&		Cheese & 100%		
	Eggs	Fresh Fruit	Oranges		Juice		

Weekly Snack & Lunch Menu

July 27 th – 31 st	Monday	Tuesday	Wednesday	Thursday	Friday		
			Preschool				
	Yogurt &	Graham	Herb Greek	Cube cheese &	Cooking		
	Apples	Crackers	Yogurt Dip &	Fresh Fruit	Tortilla with		
AM Snack		& Pears	Carrots		Butter & Milk		
			Infant & Toddlers				
	Yogurt &	Graham	Herb Greek	Cottage Cheese	Tortilla		
	Apples	Crackers	Yogurt Dip &	& Whole Grain	& Milk		
		& Pears	Carrots	Crackers			
	Turkey, Grilled	Pizza	"Chili Con	Baked Chicken,	Chicken,		
	Cheese	Salad	Carne" Broccoli,	Brown Rice,	Vegetables and		
Lunch	Sandwich, Green	Oranges & Milk	Apples & Milk	Carrots, Apples	Noodles		
	Beans, Oranges			& Milk	Casserole		
	& Milk				Melon & Milk		
	Preschool						
	Whole Grain	Hard Boiled Egg	Oranges &	Broccoli	Pretzels &		
	Cracker & 100%	& Cheerios	Cheerios	w/Ranch & pita	Bananas		
PM Snack	Pineapple Juice			bread			
	Infant & Toddlers						
	Whole Grain	Hard Boiled Egg	Oranges &	Broccoli	Cheerios &		
	Cracker & 100%	& Cheerios	Cheerios	w/Ranch & pita	Bananas		
	Pineapple Juice			bread			

August 3 rd – 7 th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Cheerios	Cooking	Graham	Apples & Wheat	Cheerios	
	&	Scrambled Eggs	Crackers & Milk	English Muffin	& Fresh Fruit	
AM Snack	Fresh Fruit	& Oranges				
			Infant & Toddlers			
	Chex Cereal	Cooking	Graham	Apples & Wheat	Pita Bread &	
	&	Scrambled Eggs	Crackers &	English Muffin	Fresh Fruit	
	Fresh Fruit	& Oranges	Milk			
	Fish Sticks	"Make Your	Mac n' cheese,	Chicken	Minestrone Soup	
	"Tater Tots"	Own Tacos"	Mixed	Quesadillas	Pears & Milk	
Lunch	Green Beans	(Lettuce,	vegetables,	Mixed		
	Melon & Milk	tomatoes, cheese	Apples & Milk	Vegetables		
		and beef), Pears		Oranges & Milk		
		& Milk				
	Preschool					
	Cheese &	Yogurt & Whole	Banana and Milk	Herb Greek	Hummus &	
	Cheerios	Grain Crackers	Smoothie	Yogurt Dip &	Celery Sticks	
PM Snack				Cucumber Slices		
			Infant & Toddlers			
	Cheese &	Yogurt & Whole	Banana and Milk	Herb Greek	Hummus &	
	Cheerios	Grain Crackers	Smoothie	Yogurt Dip &	Carrots Sticks	
				Cucumber Slices		