Weekly Snack & Lunch Menu

May 16 th – 20 th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Whole Grain	Cinnamon Greek	Cheerios &	Hummus &	Cooking	
	Cracker & Fresh	Yogurt Dip &	Fresh Fruit	Carrots	Waffles & Milk	
AM Snack	Fruit	Apples				
			Infant & Toddlers			
	Whole Grain	Cinnamon Greek	Cheerios &	Hummus &	Cooking	
	Cracker & Fresh	Yogurt Dip &	Fresh Fruit	Carrots	Waffles & Milk	
	Fruit	Apples				
	Split Pea Soup	Cucumber and	Ground Beef	Chicken,	"Make Your	
Lunch	with Carrots,	Cream Cheese	with Broccoli,	Veggies and	Own Tacos"	
	Tortilla,	Sandwich	Brown Rice,	Rice Soup,	(Lettuce,	
	Melon & Milk	Oranges & Milk	Melon & Milk	Apples & Milk	tomatoes, cheese	
					and chicken),	
					Oranges & Milk	
		Preschool				
	Yogurt &	Cheese Cubes &	Oranges &	Pears & Pita	Pretzels	
	Apples	Pears	Multi-Grain	Bread	&Bananas	
PM Snack			Rice Crackers			
			Infant & Toddlers			
	Yogurt &	Cheese Cubes &	Oranges &	Pears & Pita	Graham	
	Apples	Pears	Multi-Grain	Bread	Crackers	
			Rice Crackers		& Bananas	

May 23 rd – 27 th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Whole Grain	Cube Cheese &	English Muffin	Cooking	Graham	
	Crackers &	Pita Bread	& Yogurt	Scrambled Eggs	Crackers &	
AM Snack	Fresh Fruit			& Milk	Apples	
			Infant & Toddlers			
	Whole Grain	Cube Cheese &	English Muffin	Cooking	Graham	
	Crackers &	Pita Bread	& Yogurt	Scrambled Eggs	Crackers &	
	Fresh Fruit			& Milk	Apples	
	Grilled Cheese	Chialran Maadla	Vacatable Doof	Ougandillan	Chicken, Stir	
T1.		Chicken, Noodle	Vegetable ,Beef	Quesadillas	· ·	
Lunch	Sandwich,	and Vegetables	& Rice Soup,	Mixed	Fry Vegetables,	
	Green Beans,	Casserole,	Apples & Milk	Vegetables	Rice, Pears &	
	Apples & Milk	Apples & Milk		Pears & Milk	Milk	
	Preschool					
	Cheerios &	Graham	Fresh Fruit &	Banana and Milk	Hummus &	
	100% Grape	Crackers &	Pretzels	Smoothie	Carrots	
PM Snack	Juice	Oranges		w/Oats		
	Infant & Toddlers					
	Cheerios &	Graham	Fresh Fruit &	Banana and Milk	Hummus &	
	100% Grape	Crackers &	Cereal	Smoothie	Carrots	
	Juice	Oranges		w/Oats		

Weekly Snack & Lunch Menu

May 30 th – June 3 rd	Monday	Tuesday	Wednesday	Thursday	Friday		
			Preschool				
	SCHOOL	Cooking	Cucumber Slices	Bagels with	Pita Bread &		
	CLOSED-	Pancakes &	&	Cream Cheese &	Apples		
AM Snack	MEMORIAL	Milk	Hummus	100% Orange			
	DAY			Juice			
			Infant & Toddlers				
	SCHOOL	Cooking	Cucumber Slices	Bagels with	Pita Bread &		
	CLOSED-	Waffles & Milk	&	Cream Cheese &	Apples		
	MEMORIAL		Hummus	100% Orange			
	DAY			Juice			
	SCHOOL	Broccoli & Beef,	Chicken Noodle	Teriyaki	Lasagna,		
Lunch	CLOSED-	Potatoes,	& Veggie Soup,	Chicken,	Pears		
	MEMORIAL	Pears	Melon	Brown Rice,	& Milk		
	DAY	& Milk	& Milk	Green Beans,			
				Oranges & Milk			
	Preschool						
	SCHOOL	Cube Cheese &	Wheat English	Multi-Grain	Cheerios		
	CLOSED-	Pretzels	Muffin	Rice Crackers	& Fresh Fruit		
PM Snack	MEMORIAL		& Fresh Fruit	& Bananas			
	DAY						
	Infant & Toddlers						
	SCHOOL	Cube Cheese &	Wheat English	Multi-Grain	Cheerios		
	CLOSED-	Whole Grain	Muffin	Rice Crackers	&		
	MEMORIAL	Cracker	& Fresh Fruit	&	Fresh Fruit		
	DAY			Bananas			

June 6 th – 10 th	Monday	Tuesday	Wednesday	Thursday	Friday		
			Preschool				
	Cereal	Hummus &	Cooking	Graham	Cheese Cubes &		
	& 100% Juice	Carrots	Quesadilla	Crackers & Milk	Apples		
AM Snack	Infant & Toddlers						
	Cereal	Hummus &	Strips of Tortilla	Graham	Cheese Cubes &		
	&	Carrots	& Cheese	Crackers	Apples		
	100% Juice			& Milk			
	Lentil Soup,	Baked Chicken,	Spaghetti with	Vegetable, Beef	Mac & Cheese,		
	Tortilla,	Mashed	Meat Sauce,	and Rice Soup,	Mixed		
Lunch	Baby Carrots,	Potatoes, Green	Peas, Apples	Oranges	Vegetables,		
	Pears & Milk	Beans, Melon &	& Milk	& Milk	Pears & Milk		
		Milk					
	Preschool						
	Apples	Wheat English	Whole Grain	Yogurt &	Pita Bread		
	&	Muffin	Crackers	Apples	With Cream		
PM Snack	Hard Boiled	&	&		Cheese		
	Eggs	Fresh Fruit	Oranges				
	Infant & Toddlers						
	Apples	Wheat English	Whole Grain	Yogurt &	Pita Bread		
	&	Muffin	Crackers	Apples	With Cream		
	Hard Boiled	&	&		Cheese		
	Eggs	Fresh Fruit	Oranges				

Weekly Snack & Lunch Menu

June 13 th – 17 th	Monday	Tuesday	Wednesday	Thursday	Friday
			Preschool		
	Yogurt &	Graham	Herb Greek	Cube Cheese &	Cooking
	Apples	Crackers	Yogurt Dip &	Fresh Fruit	Tortilla with
AM Snack		& Pears	Carrots		Butter & Milk
			Infant & Toddlers		
	Yogurt &	Graham	Herb Greek	Cottage Cheese	Tortilla
	Apples	Crackers	Yogurt Dip &	& Whole Grain	& Milk
		& Pears	Carrots	Crackers	
	Turkey, Grilled	Pizza,	"Chili Con	Baked Chicken,	Chicken,
	Cheese	Salad,	Carne" Broccoli,	Brown Rice,	Vegetables and
Lunch	Sandwich, Green	Oranges & Milk	Apples & Milk	Carrots, Melon	Noodles
	Beans, Oranges			& Milk	Casserole
	& Milk				Melon & Milk
	Preschool				
	Whole Grain	Hard Boiled Egg	Oranges &	Hummus & Pita	Pretzels &
	Cracker &	& Cheerios	Cheerios	Bread	Bananas
PM Snack	Cottage Cheese				
	·				
	Whole Grain	Hard Boiled Egg	Oranges &	Hummus & Pita	Cheerios &
	Cracker & 100%	& Cheerios	Cheerios	Bread	Bananas
	Pineapple Juice				

June 20 th – 24 th	Monday	Tuesday	Wednesday	Thursday	Friday		
			Preschool				
	Multi-Grain	Cooking	Graham	Apples & Wheat	Pita Bread &		
	Rice Crackers	Scrambled Eggs	Crackers & Milk	English Muffin	Fresh Fruit		
AM Snack	&	& Oranges					
	Fresh Fruit						
			Infant & Toddlers				
	Multi-Grain	Cooking	Graham	Apples & Wheat	Pita Bread &		
	Rice Crackers	Scrambled Eggs	Crackers &	English Muffin	Fresh Fruit		
	&	& Oranges	Milk				
	Fresh Fruit						
	Fish Sticks	Mac n 'Cheese	Chicken	"Make Your	Minestrone Soup		
	"Tater Tots"	Mixed	Quesadillas,	Own Tacos"	Pears & Milk		
Lunch	Green Beans	Vegetables	Peas	(Lettuce,			
	Melon & Milk	Apples & Milk	Oranges & Milk	tomatoes, cheese			
				and beef), Pears			
				& Milk			
	Preschool						
	Cheese &	Yogurt & Whole	Banana, Oats	Herb Greek	Hummus &		
	Cheerios	Grain Crackers	and Milk	Yogurt Dip &	Carrot Sticks		
PM Snack			Smoothie	Cucumber Slices			
	Infant & Toddlers						
	Cheese &	Yogurt & Whole	Banana, Oats	Herb Greek	Hummus &		
	Cheerios	Grain Crackers	and Milk	Yogurt Dip &	Carrots Sticks		
			Smoothie	Cucumber Slices			

Weekly Snack & Lunch Menu

June 27 th – July 1 st	Monday	Tuesday	Wednesday	Thursday	Friday		
			Preschool				
	Multi-Grain	Oranges &	Bagel,	Cooking	Yogurt & Fresh		
	Rice Crackers &	Wheat English	Cream Cheese	Toast with	Fruit		
AM Snack	Fresh Fruit	Muffin	& 100% Orange	Butter &			
			Juice	Fresh Fruit			
			Infant & Toddlers				
	Multi-Grain	Oranges &	Bagel,		Yogurt & Fresh		
	Rice Crackers &	Wheat English	Cream Cheese	Strips of Bread	Fruit		
	Fresh Fruit	Muffin	& 100% Orange	& Fresh Fruit			
			Juice				
	Turkey and	Split Pea Soup	Baked Chicken,	Pizza, Salad,	Spaghetti with		
Lunch	Cheese	with carrots,	Brown Rice,	Apples & Milk	Meat Sauce,		
	Sandwich,	Apples & Milk	Mixed Veggies,		Peas, Apples &		
	Carrots, Melon		Oranges & Milk		Milk		
	& Milk						
	Preschool						
	Cheese Cubes &	Graham	Hummus & Pita	Cheerios &	Carrots sticks &		
	Pretzels	Crackers	Bread	Bananas	Herb Greek		
PM Snack		&			Yogurt Dip		
		Melon					
	Infant & Toddlers						
	Cheese Cubes &	Graham	Hummus & Pita	Cheerios &	Carrots sticks &		
	Whole Grain	Crackers	Bread	Bananas	Herb Greek		
	Crackers	&			Yogurt Dip		
		Melon					

July 4 th – 8 th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	SCHOOL	Hummus &	Cooking	Cheerios &	Graham	
	CLOSED-	Carrots	Oatmeal & Milk	Pears	Crackers	
AM Snack	INDEPENDENCE				& Fresh Fruit	
	DAY					
		Ι	nfant & Toddlers			
	SCHOOL	Hummus &	Cooking	Cheerios &	Graham	
	CLOSED	Carrots	Oatmeal & Milk	Pears	Crackers	
					& Fresh Fruit	
	SCHOOL	Meat Loaf	Lentil Soup,	BBQ Chicken,	Macaroni &	
Lunch	CLOSED-	Brown Rice	Carrots, Tortilla,	Mashed	Beef,	
	INDEPENDENCE	Green Beans	Melon & Milk	Potatoes,	Peas,	
	DAY	Melon		Mixed	Apples	
		& Milk		Vegetables,	& Milk	
				Pears		
				& Milk		
	Preschool					
	SCHOOL	Wheat English	Greek Yogurt	Banana & Milk	Pretzels &	
	CLOSED	Muffin & Cream	Cinnamon Dip		Cheese	
PM Snack		Cheese	& Apples			
	Infant & Toddlers					
	SCHOOL	Wheat English	Greek Yogurt	Banana & Milk	Whole Grain	
	CLOSED	Muffin & Cream	Cinnamon Dip		Crackers &	
		Cheese	& Apples		Cheese	