

Children's Village Preschool

Weekly Snack & Lunch Menu

November 13 – 17	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Preschool				
	Whole Grain Cracker & Fruit	Cheerios & Pears	Cinnamon Greek Yogurt Dip & Apples	Hummus & Celery Sticks	<i>Cooking</i> Waffles & Milk
	Infant & Toddlers				
	Whole Grain Cracker & Fruit	Cheerios & Pears	Cinnamon Greek Yogurt Dip & Apples	Hummus & Broccoli	Waffles & Milk
Lunch	Split Pea Soup with Carrots, Tortilla, Melon & Milk	Cucumber and Cream Cheese Sandwich, Apples & Milk	Spaghetti with Meat Sauce & Peas, Fruit & Milk	Chicken, Veggies and Rice Soup, Oranges & Milk	Creamy Tomato Chicken, Vegetable & Penne Pasta Casserole, Pears & Milk
PM Snack	Preschool				
	Cheese Cubes & Pears	Fruit & Pita Bread	Oranges & Multi-Grain Rice Crackers	Yogurt & Melon	Pretzels & Bananas
	Infant & Toddlers				
	Cheese Cubes & Pears	Fruit & Pita Bread	Oranges & Multi-Grain Wheat Crackers	Yogurt & Melon	Graham Crackers & Bananas

November 20 – 24	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Preschool				
	Whole Grain Crackers & Fruit	Cube Cheese & Pita Bread	English Muffin & Yogurt	School Closed Happy Thanksgiving	School Closed Happy Thanksgiving
	Infant & Toddlers				
	Whole Grain Crackers & Fruit	Cube Cheese & Pita Bread	English Muffin & Yogurt	School Closed Happy Thanksgiving	School Closed Happy Thanksgiving
Lunch	Grilled Cheese Sandwich with Spinach, Apples & Milk	Chicken, Penne Pasta and Vegetables Casserole, Oranges & Milk	Vegetable, Beef & Rice/Quinoa Soup, Fruit & Milk	School Closed Happy Thanksgiving	School Closed Happy Thanksgiving
PM Snack	Preschool				
	Chex Cereal & 100% Grape Juice	Graham Crackers & Pears	Apples & Pretzels	School Closed Happy Thanksgiving	School Closed Happy Thanksgiving
	Infant & Toddlers				
	Chex Cereal & Cottage Cheese	Graham Crackers & Cottage Cheese	Apples & Cereal	School Closed Happy Thanksgiving	School Closed Happy Thanksgiving

Water is served throughout the day and with lunch and snacks- 5:00 PM fruit snack daily

Menu Subject to Change

Children's Village Preschool

Weekly Snack & Lunch Menu

November 27 – Dec. 1	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Preschool				
	Graham Crackers & Apples	<i>Cooking</i> Pancakes & Milk	Cucumber Slices & Hummus	Bagels with Cream Cheese & 100% Orange Juice	Pita Bread & Apples
	Infant & Toddlers				
	Graham Crackers & Apples	Waffles & Milk	Cucumber Slices & Hummus	Bagels with Cream Cheese & 100% Orange Juice	Pita Bread & Apples
Lunch	Chicken Nuggets "Tater Tots," Sautéed Broccoli, Oranges & Milk	Quesadillas with Spinach, Apples & Milk	Chicken Quinoa & Veggie Soup, Fruit & Milk	Teriyaki Chicken, Brown Rice, Green Beans, Melon & Milk	Meat Lasagna, Pears & Milk
PM Snack	Preschool				
	Kix Cereal & Fruit	Cube Cheese & Pretzels	Wheat English Muffin & Apples	Multi-Grain Rice Crackers & Bananas	Yogurt & Fruit
	Infant & Toddlers				
	Kix Cereal & Fruit	Cube Cheese & Whole Grain Cracker	Wheat English Muffin & Apples	Multi-Grain Crackers & Bananas	Yogurt & Fruit

December 4-8	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Preschool				
	Multi-Grain Cheerios & 100% Juice	Hummus & Carrots	<i>Cooking</i> Quesadilla	Cheese Cubes & Apples	Graham Crackers & Milk
	Infant & Toddlers				
	Multi-Grain Cheerios & 100% Juice	Hummus & Carrots	Quesadilla	Cheese Cubes & Apples	Graham Crackers & Milk
Lunch	Lentil Soup with Carrots, Tortilla, Pears & Milk	Baked Chicken, Mashed Potatoes, Green Beans, Fruit & Milk	Ground Beef with Broccoli & Quinoa & Brown Rice, Apples & Milk	Vegetable, Beef and Rice/Quinoa Soup, Oranges & Milk	Mac & Cheese, Peas & Carrots, Melon & Milk
PM Snack	Preschool				
	Apples & Cube Cheese	Pita Bread With Cream Cheese	Whole Grain Crackers & Oranges	Cheerios & Bananas	Wheat English Muffin & Pears
	Infant & Toddlers				
	Apples & Cube Cheese	Pita Bread With Cream Cheese	Whole Grain Crackers & Oranges	Cheerios & Bananas	Wheat English Muffin & Pears

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Weekly Snack & Lunch Menu

December 11-15	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Preschool				
	Chex Cereal & Apples	Hummus & Pita Bread	Herb Greek Yogurt Dip & Carrots	Milk & Kix Cereal	<i>Cooking</i> Tortilla with Butter & Milk
	Infant & Toddlers				
	Chex Cereal & Apples	Hummus & Pita Bread	Herb Greek Yogurt Dip & Carrots	Milk & Kix Cereal	Tortilla with Butter & Milk
Lunch	Turkey & Spinach Grilled Cheese Sandwich, Pears & Milk	Baked Chicken, Brown Rice with Peas, Fruit & Milk	"Chili Con Carne" Broccoli, Apples & Milk	Pizza, Salad with Yogurt Dressing, Oranges & Milk	Chicken, Vegetables and Quinoa & Brown Rice Casserole Melon & Milk
PM Snack	Preschool				
	Whole Grain Cracker & 100% Pineapple Juice	Cube Cheese & Pears	Oranges & Multi-Grain Cheerios	Graham Crackers & Fruit	Pretzels & Bananas
	Infant & Toddlers				
	Whole Grain Cracker & Cottage Cheese	Cottage Cheese & Pears	Oranges & Multi-Grain Cheerios	Graham Crackers & Fruit	Cheerios & Bananas

December 18-22	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Preschool				
	Multi-Grain Rice Crackers & Fruit	Graham Crackers & Milk	Apples & Wheat English Muffin	<i>Cooking</i> Scrambled Eggs & Oranges	Pita Bread & Bananas
	Infant & Toddlers				
	Multi-Grain Crackers & Fruit	Graham Crackers & Milk	Apples & Wheat English Muffin	Scrambled Eggs & Oranges	Pita Bread & Bananas
Lunch	Fish Sticks "Tater Tots" Celery Sticks with Yogurt Dip Melon & Milk	Mac n 'Cheese Green Beans Apples & Milk	Beef & Broccoli Quesadillas, Oranges & Milk	Chicken, Vegetable & Quinoa Soup, Fruit & Milk	Spaghetti, Meat Sauce with Peas, Pears & Milk
PM Snack	Preschool				
	Cheese & Cheerios	Hummus & Carrot Sticks	Berries, Banana, Oats and Milk Smoothie	Herb Greek Yogurt Dip & Cucumber Slices	Yogurt & Whole Grain Crackers
	Infant & Toddlers				
	Cheese & Cheerios	Hummus & Carrots Sticks	Berries, Banana, Oats and Milk Smoothie	Herb Greek Yogurt Dip & Cucumber Slices	Yogurt & Whole Grain Crackers

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Weekly Snack & Lunch Menu

December 25-29	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Preschool				
	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break
	Infant & Toddlers				
	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break
Lunch	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break
PM Snack	Preschool				
	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break
	Infant & Toddlers				
	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break

January 1-5	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Preschool				
	School Closed Winter Break	Hummus & Celery Sticks	<i>Cooking</i> Oatmeal & Milk	Multi-Grain Cheerios & Pears	Graham Crackers & Fruit
	Infant & Toddlers				
	School Closed Winter Break	Hummus & Broccoli	Oatmeal & Milk	Multi-Grain Cheerios & Cottage Cheese	Graham Crackers & Fruit
Lunch	School Closed Winter Break	Lentil Soup with Carrots, Tortilla, Pears & Milk	Meat Loaf Brown Rice with Broccoli, Melon & Milk	BBQ Chicken, Mashed Potatoes, Mixed Vegetables, Oranges & Milk	Penne Pasta, Beef, Peas with Tomato Sauce, Apples & Milk
PM Snack	Preschool				
	School Closed Winter Break	Wheat English Muffin & Cream Cheese	Greek Yogurt Cinnamon Dip & Apples	Banana & Milk	Pretzels & Cheese
	Infant & Toddlers				
	School Closed Winter Break	Wheat English Muffin & Cream Cheese	Greek Yogurt Cinnamon Dip & Apples	Banana & Milk	Whole Grain Crackers & Cheese

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