Weekly Snack & Lunch Menu

November 6-10	Monday	Tuesday	Wednesday	Thursday	Friday		
		Preschool					
	Wheat Thins &	Cheerios &	Cooking	Whole Grain	School		
	Fruit	Pears	Waffles & Milk	Cracker & Fruit	Closed		
AM Snack			Infant & Toddlers	-			
	Wheat Thins &	Cheerios &	Pancakes &	Whole Grain	School		
	Fruit	Pears	Milk	Cracker & Fruit	Closed		
	Split Pea Soup	Cucumber and	Spaghetti with	Baked Chicken,			
Lunch	with Carrots,	Cream Cheese	Meat Sauce &	Brown Rice,	School		
	Tortilla,	Sandwich,	Peas, Oranges	Green Beans,	Closed		
	Melon & Milk	Apples & Milk	& Milk	Melon & Milk			
		Preschool					
	Cheese Cubes &	Fruit & Pita	Fruit &	Yogurt & Melon	School		
	Pears	Bread	Multi-Grain		Closed		
PM Snack			Rice Crackers				
	Infant & Toddlers						
	Cheese Cubes &	Fruit & Pita	Fruit &	Yogurt & Melon	School		
	Pears	Bread	Multi-Grain		Closed		
			Wheat Crackers				

November 13-17	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Whole Grain	Cube Cheese &	English Muffin	Cooking	Chex cereal &	
	Crackers & Fruit	Pita Bread	& Yogurt	Scrambled Eggs	Bananas	
AM Snack				& Milk		
			Infant & Toddlers			
	Whole Grain	Cube Cheese &	English Muffin	Cheerios & Milk	Chex cereal &	
	Crackers & Fruit	Pita Bread	& Yogurt		Bananas	
	Grilled Cheese	Creamy Tomato	Chicken,	Broccoli with	"Chili Con	
Lunch	Sandwich with	Chicken,	Vegetable &	Beef & Quinoa	Carne" Broccoli,	
	Spinach,	Vegetable &	Rice/Quinoa	& Brown Rice,	Oranges & Milk	
	Apples & Milk	Penne Pasta	Soup,	Melon		
		Casserole, Pears	Fruit & Milk	& Milk		
		& Milk				
	Preschool					
	Chex Cereal &	Wheat Thins &	Apples &	Berries, Banana	Greek Yogurt	
	100% Grape	Pears	Pretzels	and Milk	Dip & Carrots	
PM Snack	Juice			Smoothie		
				w/Oats		
			Infant & Toddlers			
	Chex Cereal &	Wheat Thins &	Apples & Cereal	Berries, Banana	Greek Yogurt	
	Cottage Cheese	Cottage Cheese		and Milk	Dip & Carrots	
				Smoothie		
				w/Oats		

Weekly Snack & Lunch Menu

November 20-24	Monday	Tuesday	Wednesday	Thursday	Friday		
	Preschool						
	Wheat Thins	Cooking	Cucumber Slices	School	School		
	& Apples	Pancakes &	&	Closed	Closed		
AM Snack		Milk	Herb Greek				
			Yogurt Dip				
			Infant & Toddlers				
	Wheat Thins		Cucumber Slices				
	&	Pancakes &	&	School	School		
	Apples	Milk	Herb Greek	Closed	Closed		
			Yogurt Dip				
	Chicken	Quesadillas with	Chicken Quinoa				
Lunch	Nuggets, Slice of	Spinach,	& Veggie Soup,	School	School		
	Wheat Bread,	Apples & Milk	Fruit	Closed	Closed		
	Sautéed		& Milk				
	Broccoli,						
	Oranges & Milk						
			Preschool				
	Kix Cereal	Cube Cheese &	Wheat English	School	School		
	& Fruit	Pretzels	Muffin	Closed	Closed		
PM Snack			& Apples				
	Infant & Toddlers						
	Kix Cereal	Cube Cheese &	Wheat English	School	School		
	&	Whole Grain	Muffin	Closed	Closed		
	Fruit	Cracker	& Apples				

Nov. 27 - Dec. 1	Monday	Tuesday	Wednesday	Thursday	Friday	
	Preschool					
	Cheerios	Cereal & Fruit	Cooking	Cheese Cubes &	Wheat Thins &	
	& Fresh Fruit		Quesadilla	Apples	Milk	
AM Snack			Infant & Toddlers	-		
	Cheerios	Cereal & Fruit		Cheese Cubes &	Wheat Thins	
	Fresh Fruit		Quesadilla	Apples	& Milk	
	Lentil Soup with	Baked Chicken,	Ground Beef	Vegetable, Beef	Mac & Cheese,	
	Carrots, Tortilla,	Mashed	with Broccoli &	and Rice/Quinoa	Peas & Carrots,	
Lunch	Pears & Milk	Potatoes, Green	Quinoa &	Soup, Oranges	Melon & Milk	
		Beans, Fruit &	Brown Rice,	& Milk		
		Milk	Oranges & Milk			
	Preschool					
	Apples	Pita Bread	Whole Grain	Cheerios &	Wheat English	
	&	With Cream	Crackers	Bananas	Muffin	
PM Snack	Cube Cheese	Cheese	&		&	
			Apples		Pears	
	Infant & Toddlers					
	Apples	Pita Bread	Whole Grain	Cheerios &	Wheat English	
	&	With Cream	Crackers	Bananas	Muffin	
	Cube Cheese	Cheese	&		&	
			Apples		Pears	

Weekly Snack & Lunch Menu

December 4-8	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Chex Cereal &	Cheese &	Herb Greek	Milk & Kix	Cooking	
	Apples	Crackers	Yogurt Dip &	Cereal	Tortilla with	
AM Snack			Carrots		Butter & Milk	
			Infant & Toddlers			
	Chex Cereal &	Cheese &	Herb Greek	Milk & Kix	Tortilla with	
	Apples	Crackers	Yogurt Dip & Carrots	Cereal	Butter & Milk	
	Turkey &	Baked Chicken,	"Chili Con	Moot Logogno	Chicken,	
	Spinach Grilled	Brown Rice with	Carne" Broccoli,	Meat Lasagna, Oranges & Milk	Vegetables and	
Lunch	Cheese	Peas, Pears &	Oranges & Milk	Oranges & wink	Quinoa &	
Lunch	Sandwich, Fruit	Milk	Oranges & Willik		Brown Rice	
	& Milk	IVIIIK			Casserole	
	W WIIK				Melon & Milk	
	Preschool					
	Whole Grain	Pretzels &	Apples &	Wheat Thins	Cube Cheese &	
	Cracker & 100%	Bananas	Cheerios	& Fruit	Pears	
PM Snack	Pineapple Juice					
	Infant & Toddlers					
	Whole Grain	Cheerios &	Apples &	Wheat Thins	Cottage Cheese	
	Cracker &	Bananas	Cheerios	& Fruit	& Pears	
	Cottage Cheese					

December 11-15	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Multi-Grain	Chex Cereal &	Apples & Wheat	Cooking	Pita Bread &	
	Rice Crackers	Milk	English Muffin	Scrambled Eggs	Bananas	
AM Snack	&			& Milk		
	Fruit					
			Infant & Toddlers			
	Multi-Grain	Chex Cereal &	Apples & Wheat	Cheerios	Pita Bread &	
	Crackers &	Milk	English Muffin	& Milk	Bananas	
	Fruit					
	Fish Sticks,	Mac n 'Cheese	Beef & Broccoli	Chicken,	Spaghetti, Meat	
	Slice of Wheat	Green Beans	Quesadillas,	Vegetable &	Sauce with Peas,	
Lunch	Bread, Celery	Oranges & Milk	Fruit & Milk	Quinoa Soup,	Pears & Milk	
	Sticks with			Oranges & Milk		
	Yogurt Dip					
	Melon & Milk					
	Preschool					
	Cheese &	Cereal & Apples	Berries, Banana,	Herb Greek	Yogurt & Whole	
DM C	Cheerios		Oats and Milk	Yogurt Dip &	Grain Crackers	
PM Snack			Smoothie	Cucumber Slices		
	Infant & Toddlers					
	Cheese &	Cereal & Apples	Berries, Banana,	Herb Greek	Yogurt & Whole	
	Cheerios	Corour & Appres	Oats and Milk	Yogurt Dip &	Grain Crackers	
	Circuitos		Smoothie	Cucumber Slices	Gram Crackers	
			Sinounic			

Weekly Snack & Lunch Menu

December 18-22	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
AM Snack	Multi-Grain Rice Crackers & Melon	Pears & Wheat English Muffin	Bagel, Cream Cheese & Fresh Fruit	Cooking Toast with Butter & Pears	Yogurt & Fruit	
			Infant & Toddlers			
	Multi-Grain Crackers & Melon	Pears & Wheat English Muffin	Bagel, Cream Cheese & Fresh Fruit	Toast with Butter & Pears	Yogurt & Fruit	
Lunch	Turkey and Cheese Sandwich, Carrots with Yogurt Dip,	Split Pea Soup with Carrots, Pears & Milk	Baked Chicken, Mashed Potatoes, Mixed Veggies, Melon & Milk	"Chili Con Carne" Broccoli, Oranges & Milk	Meat Lasagna,, Oranges & Milk	
	Apples & Milk		Preschool			
PM Snack	Chex Cereal & Bananas	Cheese Cubes & Pretzels	Wheat Thins & Fruit	Herb Greek Yogurt Dip & Carrots	Pretzels & Pears	
	Infant & Toddlers					
	Chex Cereal & Bananas	Cheese Cubes & Whole Grain Crackers	Wheat Thins & Fruit	Herb Greek Yogurt Dip & Carrots	Wheat Crackers & Pears	

December 25-29	Monday	Tuesday	Wednesday	Thursday	Friday		
	Preschool						
	School	School	School	School	School		
	Closed	Closed	Closed	Closed	Closed		
AM Snack	Infant & Toddlers						
	School	School		School	School		
	Closed	Closed	School	Closed	Closed		
			Closed				
	School	School	School	School	School		
Lunch	Closed	Closed	Closed	Closed	Closed		
Preschool							
	School	School	School	School	School		
	Closed	Closed	Closed	Closed	Closed		
PM Snack	Infant & Toddlers						
	School	School	School	School	School		
	Closed	Closed	Closed	Closed	Closed		