Weekly Snack & Lunch Menu

December 2nd - 6th	Monday	Tuesday	Wednesday	Thursday	Friday		
			Preschool				
	Wheat Thins &	Cheerios &	Cinnamon	Whole Grain	Pears & Milk		
	Fruit	Pears	Greek Yogurt	Cracker & Fruit			
AM Snack			Dip & Apples				
			<b>Infant &amp; Toddlers</b>				
	Wheat Thins &	Cheerios &	Cinnamon Greek	Whole Grain	Pears & Milk		
	Fruit	Pears	Yogurt Dip &	Cracker & Fruit			
			Apples				
	Split Pea Soup	Cucumber and	Spaghetti with	Chicken,	Baked Chicken,		
Lunch	with Carrots,	Cream Cheese	Meat Sauce &	Veggies and	Brown Rice,		
	Tortilla,	Sandwich,	Peas, Oranges	Rice Soup,	Mixed Veggie		
	Melon & Milk	Apples & Milk	& Milk	Oranges & Milk	and Milk		
	Preschool						
	Cheese Cubes &	Fruit & Pita	Fruit &	Yogurt & Melon	Kix Cereal &		
	Pears	Bread	Multi-Grain		Fruit		
PM Snack			Rice Crackers				
	Infant & Toddlers						
	Cheese Cubes &	Fruit & Pita	Fruit &	Yogurt & Melon	Kix Cereal &		
	Pears	Bread	Multi-Grain		Fruit		
			Wheat Crackers				

December 9th - 13th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool	-		
	Whole Grain	Cube Cheese &	English Muffin	Cooking	Chex cereal &	
AM Snack	Crackers & Fruit	Pita Bread	& Yogurt	Scrambled Eggs & Milk	Bananas	
			Infant & Toddlers			
	Whole Grain Crackers & Fruit	Cube Cheese & Pita Bread	English Muffin & Yogurt	Cheerios & Milk	Chex cereal & Bananas	
Lunch	Grilled Cheese Sandwich with	Creamy Tomato Chicken,	Chicken, Vegetable &	Broccoli with Beef & Quinoa	"Chili Con Carne" Broccoli,	
	Spinach, Apples & Milk	Vegetable & Penne Pasta	Rice/Quinoa Soup,	& Brown Rice, Melon	Oranges & Milk	
	1.199.40 64 11.11.11	Casserole, Pears & Milk	Fruit & Milk	& Milk		
	Preschool					
PM Snack	Chex Cereal & 100% Grape	Wheat Thins & Pears	Apples & Pretzels	Berries, Banana and Milk Smoothie	Greek Yogurt Dip & Carrots	
F WI SHACK	Juice			w/Oats		
	Infant & Toddlers					
	Chex Cereal & Cottage Cheese	Wheat Thins & Cottage Cheese	Apples & Cereal	Berries, Banana and Milk Smoothie	Greek Yogurt Dip & Carrots	
				w/Oats		

Weekly Snack & Lunch Menu

December 16th - 20th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Wheat Thins	Cooking	Cucumber Slices	Bagelswith	Pita Bread &	
	& Apples	Pancakes &	&	Cream Cheese &	Apples	
AM Snack		Milk	Herb Greek	Fresh Fruit		
			Yogurt Dip			
			Infant & Toddlers			
	Wheat Thins		Cucumber Slices	Bagels with	Pita Bread &	
	&	Pancakes &	&	Cream Cheese &	Apples	
	Apples	Milk	Herb Greek	Fresh Fruit		
			Yogurt Dip			
	Chicken	Quesadillas with	Chicken Quinoa	Baked Chicken,	Beef Soup with	
Lunch	Nuggets, Slice of	Spinach,	& Veggie Soup,	Brown Rice,	Pasta, and	
	Wheat Bread,	Apples & Milk	Fruit	Green Beans,	Mixed Veggies,	
	Sautéed		& Milk	Melon & Milk	Pears	
	Broccoli,				& Milk	
	Oranges & Milk					
			Preschool			
	Kix Cereal	Cube Cheese &	Wheat English	Multi-Grain	Yogurt	
	& Fruit	Pretzels	Muffin	Rice Crackers	& Fruit	
PM Snack			& Apples	& Bananas		
	Infant & Toddlers					
	Kix Cereal	Cube Cheese &	Wheat English	Multi-Grain	Yogurt	
	&	Whole Grain	Muffin	Rice Crackers	&	
	Fruit	Cracker	& Apples	& Bananas	Fruit	

December 23rd - 27th	Monday	Tuesday	Wednesday	Thursday	Friday	
	Preschool					
	Cereal & Fruit	School Closed	School Closed	School Closed	School Closed	
		Winter Break	Winter Break	Winter Break	Winter Break	
AM Snack			<b>Infant &amp; Toddlers</b>			
	Cereal & Fruit	School Closed	School Closed	School Closed	School Closed	
		Winter Break	Winter Break	Winter Break	Winter Break	
	Lentil Soup with	School Closed	School Closed	School Closed	School Closed	
	Carrots, Tortilla,	Winter Break	Winter Break	Winter Break	Winter Break	
Lunch	Pears & Milk					
			Preschool			
	Fruit &	School Closed	School Closed	School Closed	School Closed	
	Crackers	Winter Break	Winter Break	Winter Break	Winter Break	
PM Snack	k Infant & Toddlers					
	Fruit &	School Closed	School Closed	School Closed	School Closed	
	Crackers	Winter Break	Winter Break	Winter Break	Winter Break	

Weekly Snack & Lunch Menu

December 30th - January 3rd	Monday	Tuesday	Wednesday	Thursday	Friday	
	Preschool					
	School Closed	School Closed	School Closed	Milk & Kix	Chex Cereal &	
	Winter Break	Winter Break	Winter Break	Cereal	Milk	
AM Snack			<b>Infant &amp; Toddlers</b>			
	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break	Milk & Kix Cereal	Chex Cereal & Apples	
Lunch	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break	Grilled Cheese Sandwich, Fruit & Milk	Chicken Soup with Mixed Veggies, Fruit & Milk	
	Preschool					
PM Snack	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break	Wheat Thins & Fruit	Cube Cheese & Pears	
Infant & Toddlers						
	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break	Wheat Thins & Fruit	Cube Cheese & Pears	

January 6th - 10th	Monday	Tuesday	Wednesday	Thursday	Friday	
	Preschool					
	Multi-Grain	Chex Cereal &	Apples & Wheat	Cooking	Pita Bread &	
AM Snack	Rice Crackers &	Milk	English Muffin	Scrambled Eggs & Milk	Bananas	
ANI SHACK	Fruit			& WIIIK		
		l	Infant & Toddlers			
	Multi-Grain	Chex Cereal &	Apples & Wheat	Cheerios	Pita Bread &	
	Crackers &	Milk	English Muffin	& Milk	Bananas	
	Fruit	1.5	5 20 5 11	G1 : 1	0 1 11 1	
	Fish Sticks,	Mac n 'Cheese	Beef & Broccoli	Chicken,	Spaghetti, Meat	
ļ ,	Slice of Wheat	Green Beans	Quesadillas,	Vegetable &	Sauce with Peas,	
Lunch	Bread, Celery	Oranges & Milk	Fruit & Milk	Quinoa Soup,	Pears & Milk	
	Sticks with			Oranges & Milk		
	Yogurt Dip					
	Melon & Milk		L			
	Preschool					
	Cheese &	Cereal & Apples	Berries, Banana,	Herb Greek	Yogurt & Whole	
	Cheerios		Oats and Milk	Yogurt Dip &	Grain Crackers	
PM Snack			Smoothie	Cucumber Slices		
			Infant & Toddlers			
	Cheese &	Cereal & Apples	Berries, Banana,	Herb Greek	Yogurt & Whole	
	Cheerios		Oats and Milk	Yogurt Dip &	Grain Crackers	
			Smoothie	Cucumber Slices		

Weekly Snack & Lunch Menu

January 13th - 17th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
AM Snack	Multi-Grain Rice Crackers &	Pears & Wheat English Muffin	Bagel, Cream Cheese	Cooking Toast with	Yogurt & Fruit	
AWI SHACK	Melon		& Fresh Fruit	Butter & Pears		
			Infant & Toddlers			
	Multi-Grain Crackers & Melon	Pears & Wheat English Muffin	Bagel, Cream Cheese & Fresh Fruit	Toast with Butter & Pears	Yogurt & Fruit	
Lunch	Turkey and Cheese Sandwich, Carrots with Yogurt Dip,	Split Pea Soup with Carrots, Pears & Milk	Baked Chicken, Mashed Potatoes, Mixed Veggies, Melon & Milk	"Chili Con Carne" Broccoli, Oranges & Milk	Meat Lasagna,, Oranges & Milk	
	Apples & Milk		   Preschool			
PM Snack	Chex Cereal & Bananas	Cheese Cubes & Pretzels	Wheat Thins & Fruit	Herb Greek Yogurt Dip & Carrots	Pretzels & Pears	
	Infant & Toddlers					
	Chex Cereal & Bananas	Cheese Cubes & Whole Grain Crackers	Wheat Thins & Fruit	Herb Greek Yogurt Dip & Carrots	Wheat Crackers & Pears	

January 20th - 24th	Monday	Tuesday	Wednesday	Thursday	Friday	
		-	Preschool			
	School Closed	Cheerios &	Cooking	Cereal	Wheat Thins	
	Holiday	Apples	Oatmeal & Milk	& Pears	& Fruit	
AM Snack			<b>Infant &amp; Toddlers</b>			
	School Closed	Cheerios &		Cereal	Wheat Thins	
	Holiday	Apples	Oatmeal & Milk	& Pears	& Fruit	
	School Closed	Lentil Soup with	Meat Loaf	Baked Chicken,	Penne Pasta,	
Lunch	Holiday	Carrots, Tortilla,	Brown Rice with	Mashed	Beef, Peas with	
		Pears & Milk	Broccoli, Melon	Potatoes,	Tomato Sauce,	
			& Milk	Mixed	Apples	
				Vegetables,	& Milk	
				Oranges & Milk		
	Preschool					
	School Closed	Whole Grain	Greek Yogurt	Banana & Milk	Pretzels &	
	Holiday	Crackers & Fruit	Cinnamon Dip		Cheese	
PM Snack			& Apples			
			<b>Infant &amp; Toddlers</b>			
	School Closed	Whole Grain	Greek Yogurt	Banana & Milk	Whole Grain	
	Holiday	Crackers & Fruit	Cinnamon Dip		Crackers &	
			& Apples		Cheese	