Page 1 of 4

Weekly Snack & Lunch Menu

May 19th - 23rd	Monday	Tuesday	Wednesday	Thursday	Friday	
	Preschool					
	Chex Cereal &	Whole Grain	Cooking	Apples	Pears	
	Milk	Cracker & Milk	Waffles & Milk	& Kix Cereal	& Wheat Thins	
AM Snack			Infant & Toddlers			
	Chex Cereal &	Whole Grain	Pancakes &	Apples	Pears	
	Milk	Cracker & Milk	Milk	& Milk	& Milk	
	Split Pea Soup	Cucumber and	Spaghetti with	Chicken,	Baked Chicken,	
Lunch	with Carrots,	Cream Cheese	Meat Sauce &	Veggies and	Brown Rice,	
	Tortilla,	Sandwich,	Peas, Oranges	Rice Soup,	Green Beans,	
	Melon & Milk	Apples & Milk	& Milk	Oranges & Milk	Melon & Milk	
	Preschool					
	Cheese Cubes	Fruit &	Cinnamon Greek	Melon	Yogurt	
	& Fruit	Turkey Rolls	Yogurt Dip &	& Cheese Cubes	& Pretzels	
PM Snack			Apples			
	Infant & Toddlers					
	Cheese Cubes &	Fruit &	Cinnamon Greek	Melon	Yogurt	
	Fruit	Turkey Rolls	Yogurt Dip & Apples	& Cheese Cubes	& Cheerios	

May 26th - 30th	Monday	Tuesday	Wednesday	Thursday	Friday		
	Preschool						
AM Snack	Holiday School Closed	Pears & Kix Cereal	Chex Cereal & Milk	<i>Cooking</i> Scrambled Eggs & Milk	Apples & Wheat Thins		
	Infant & Toddlers						
	Holiday School Closed	Pears & Milk	Chex Cereal & Milk	Cheerios & Milk	Apples & Milk		
Lunch	Holiday School Closed	Grilled Cheese Sandwich with Spinach, Apples & Milk	"Chili Con Carne" Spinach, Oranges & Milk	Broccoli with Beef & Quinoa & Brown Rice, Melon & Milk	Chicken, Vegetable & Rice/Quinoa Soup, Fruit & Milk		
	Preschool						
PM Snack	Holiday School Closed	English Muffin & Yogurt	Fruit & Turkey Rolls	Berries, Banana and Milk Smoothie w/Oats	Greek Yogurt Ranch Dip & Carrots		
		-	Infant & Toddlers				
	Holiday School Closed	English Muffin & Yogurt	Fruit & Turkey Rolls	Berries, Banana and Milk Smoothie w/Oats	Greek Yogurt Ranch Dip & Carrots		

Water is served throughout the day and with lunch and snacks- 5:00 PM fruit snack daily <u>Menu Subject to Change</u>

Page 2 of 4

June and 6th		,	Wednesday		Friday	
June 2nd - 6th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Cheerios Cereal	Whole Grain	Cooking	Apples	Pears	
	& Milk	Cracker & Milk	Pancakes &	& Kix Cereal	& Multi-Grain	
AM Snack			Milk		Crackers	
		ilk Cracker & Milk Pancakes & Milk & Kix Cereal & Multi-Grain Crackers Infant & Toddlers Cereal Whole Grain Cracker & Milk Pancakes & Milk Apples Pears Cereal Whole Grain Cracker & Milk Pancakes & Milk Apples Pears Cereal Whole Grain Cracker & Milk Pancakes & Milk Apples Pears Slice of Cheese & Veggie Soup, & Veggie Soup, Baked Chicken, Brown Rice, Green Beans, Meat Lasagna, & Milk Seed Carrots with & Milk & Milk Melon & Milk Milk vogurt Dip, & Milk Apples & Milk Peeschool Peeschool				
	Cheerios Cereal	Whole Grain	Pancakes &	Apples	Pears	
	& Milk	Cracker & Milk	Milk	& Milk	& Milk	
	Chicken	Turkey and	Chicken Quinoa	Baked Chicken,	Meat Lasagna,	
Lunch	Nuggets, Slice of	Cheese	& Veggie Soup,	Brown Rice,	Pears	
	Wheat Bread,	Sandwich,	Fruit	Green Beans,	& Milk	
	Sautéed	Carrots with	& Milk	Melon & Milk		
	Broccoli,	Yogurt Dip,				
	Oranges & Milk	Apples & Milk				
	Cube Cheese &	Greek Yogurt	Turkey Rolls &	Bagels with	Yogurt	
	Pretzels	Ranch Dip &	Pears	Cream Cheese	& Fruit	
PM Snack		Carrots				
			Infant & Toddlers			
	Cube Cheese &	Greek Yogurt	Turkey Rolls &	Bagels with	Yogurt	
	Whole Grain	Ranch Dip &	Pears	Cream Cheese	& Fruit	
	Cracker	Carrots				

Weekly Snack & Lunch Menu

June 9th - 13th	Monday	Tuesday	Wednesday	Thursday	Friday	
	Preschool					
	Cheerios	Cereal	Crackers &	Cooking	Wheat Thins &	
	& Fresh Fruit	& Milk	Bananas	Quesadilla	Milk	
AM Snack	Infant & Toddlers					
	Cheerios	Cereal	Bananas	Tortillas	Pears	
	& Milk	& Milk	& Milk	& Milk	& Milk	
	Lentil Soup with	Baked Chicken,	Ground Beef	Vegetable, Beef	Mac & Cheese,	
	Carrots, Tortilla,	Mashed	with Broccoli &	and Rice/Quinoa	Peas & Carrots,	
Lunch	Pears & Milk	Potatoes, Green	Quinoa &	Soup, Oranges	Melon & Milk	
		Beans, Fruit &	Brown Rice,	& Milk		
		Milk	Oranges & Milk			
	Preschool					
	Pita Bread	Fruit	Hard Boiled Egg	Turkey Rolls	Greek Yogurt	
	With Cream	&	&	&	Cinnamon Dip	
PM Snack	Cheese	Cube Cheese	Apples	Pretzels	&	
					Apples	
			Infant & Toddlers			
	Pita Bread	Fruit	Cottage Cheese	Turkey Rolls	Greek Yogurt	
	With Cream	&	&	&	Cinnamon Dip	
	Cheese	Cottage Cheese	Apples	Pretzels	&	
					Apples	

Water is served throughout the day and with lunch and snacks- 5:00 PM fruit snack daily <u>Menu Subject to Change</u>

Page 3 of 4

		KIY JIIUCK &						
June 16th - 20th	Monday	Tuesday	Wednesday	Thursday	Friday			
		Preschool						
	Chex Cereal &	Crackers &	Cooking	Milk & Kix	Cheerios			
	Apples	Fruit	Tortilla with	Cereal	& Milk			
AM Snack			Butter & Milk					
			Infant & Toddlers		Cereal & Milk Iilk & Kix Cheerios Cereal & Milk at Lasagna, nges & Milk Uegetables and Quinoa & Brown Rice Casserole Melon & Milk			
	Chex Cereal &	Crackers	Tortilla with	Milk & Kix	Cheerios			
	Milk	& Milk	Butter & Milk	Cereal	& Milk			
	Turkey &	Baked Chicken,	"Chili Con	Meat Lasagna,	Chicken,			
	Spinach Grilled	Brown Rice with	Carne" Spinach,	Oranges & Milk	Vegetables and			
Lunch	Cheese	Peas, Pears &	Oranges & Milk		Quinoa &			
	Sandwich, Fruit	Milk	-		Brown Rice			
	& Milk				Casserole			
					Melon & Milk			
	Preschool							
	Berries, Banana	Pretzels &	Herb Greek	Turkey Rolls	Cube Cheese &			
	and Milk	Yogurt	Yogurt Dip &	& Fruit	Wheat Thins			
PM Snack	Smoothie		Carrots					
	w/Oats							
	Infant & Toddlers							
	Berries, Banana	Crackers &	Herb Greek	Turkey Rolls	Cottage Cheese			
	and Milk	Cottage cheese	Yogurt Dip &	& Fruit	& Wheat Thins			
	Smoothie		Carrots					
	w/Oats							

Weekly Snack & Lunch Menu

June 23rd - 27th	Monday	Tuesday	Wednesday	Thursday	Friday	
	Preschool					
AM Snack	Pita Bread & Milk	Multi-Grain Rice Crackers & Fruit	English Muffin & Milk	<i>Cooking</i> Toast with Butter & Milk	Chex Cereal & Bananas	
			Infant & Toddlers			
	Pita Bread & Milk	Whole Wheat Crackers & Fruit	English Muffin & Milk	Toast with Butter & Milk	Bananas & Milk	
Lunch	Fish Sticks, Slice of Wheat Bread, Celery Sticks with Yogurt Dip Melon & Milk	Mac n 'Cheese Green Beans Oranges & Milk	Beef & Broccoli Quesadillas, Fruit & Milk	Chicken, Vegetable & Quinoa Soup, Oranges & Milk	Spaghetti, Meat Sauce with Peas, Pears & Milk	
			Preschool			
PM Snack	Cheese & Cheerios	Hard Boiled Egg & Apples	Berries, Banana, Oats and Milk Smoothie	Herb Greek Yogurt Dip & Cucumber Slices	Yogurt & Whole Grain Crackers	
			Infant & Toddlers			
	Cheese & Cheerios	Cottage Cheese & Apples	Berries, Banana, Oats and Milk Smoothie	Herb Greek Yogurt Dip & Cucumber Slices	Cottage Cheese & Whole Grain Crackers	

Water is served throughout the day and with lunch and snacks- 5:00 PM fruit snack daily <u>Menu Subject to Change</u>

Page 4 of 4

Weekly Snack & Lunch Menu

June 30th - July 4th	Monday	Tuesday	Wednesday	Thursday	Friday	
	Preschool					
	Multi-Grain	English Muffin	Cooking	Bagel,	Holiday School	
	Rice Crackers &	& Pears	Scrambled Eggs	Cream Cheese	Closed	
AM Snack	Milk		& Milk	& Milk		
			Infant & Toddlers			
	Multi-Grain	English Muffin	Cheerios	Bagel,	Holiday School	
	Crackers & Milk	& Milk	& Milk	Cream Cheese & Milk	Closed	
	Quesadillas with	Split Pea Soup	Baked Chicken,	"Chili Con	Holiday School	
Lunch	Spinach,	with Carrots,	Mashed	Carne" Spinach,	Closed	
	Apples & Milk	Tortillas, Pears	Potatoes, Mixed	Oranges & Milk		
		& Milk	Veggies, Melon			
			& Milk			
	Preschool					
	Cheese Cubes &	Turkey Rolls &	Wheat Thins	Herb Greek	Holiday School	
	Pretzels	Pears	& Milk	Yogurt Dip &	Closed	
PM Snack				Carrots		
	Infant & Toddlers					
	Cheese Cubes &	Turkey Rolls &	Cottage cheese	Herb Greek	Holiday School	
	Whole Grain	Pears	& Fruit	Yogurt Dip &	Closed	
	Crackers			Carrots		

June 7th - 11th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool	-		
	Kix Cereal	Cheerios	Checks Cereal	Cooking	Wheat Thins	
	&	& Milk	& Pears	Oatmeal & Milk	& Fruit	
AM Snack	Milk					
			Infant & Toddlers			
	Kix Cereal	Cheerios	Pears	Oatmeal & Milk	Wheat Thins	
	&	& Milk	& Milk		& Milk	
	Milk					
	Chicken	Lentil Soup with	Penne Pasta,	Baked Chicken,	Meat Loaf	
Lunch	Nuggets, Slice	Carrots, Tortilla,	Beef, Peas with	Mashed	Brown Rice with	
	of Wheat Bread,	Pears & Milk	Tomato Sauce,	Potatoes,	Broccoli, Melon	
	Celery Sticks		Apples	Mixed	& Milk	
	with Yogurt Dip,		& Milk	Vegetables,		
	Oranges & Milk			Oranges & Milk		
	Preschool					
	Whole Grain	Wheat English	Greek Yogurt	Banana & Milk	Hard Boiled Egg	
	Crackers &	Muffin & Cream	Cinnamon Dip		& Apples	
PM Snack	Cheese cubes	Cheese	& Apples			
			Infant & Toddlers			
	Whole Grain	Wheat English	Greek Yogurt	Banana & Milk	Apples &	
	Crackers &	Muffin & Cream	Cinnamon Dip		Cheese	
	Cottage Cheese	Cheese	& Apples			

Water is served throughout the day and with lunch and snacks- 5:00 PM fruit snack daily <u>Menu Subject to Change</u>