Weekly Snack & Lunch Menu

| Nov. 3rd - 7th | Monday | Tuesday | Wednesday | Thursday | Friday | | |
|----------------|-------------------|----------------|------------------------------|----------------|----------------|--|--|
| | | Preschool | | | | | |
| | Chex Cereal & | Whole Grain | Cooking | Apples | Pears | | |
| | Milk | Cracker & Milk | Waffles & Milk | & Kix Cereal | & Wheat Thins | | |
| AM Snack | | | Infant & Toddlers | | | | |
| | Chex Cereal & | Whole Grain | Pancakes & | Apples | Pears | | |
| | Milk | Cracker & Milk | Milk | & Milk | & Milk | | |
| | Split Pea Soup | Cucumber and | Spaghetti with | Chicken, | Baked Chicken, | | |
| Lunch | with Carrots, | Cream Cheese | Meat Sauce & | Veggies and | Brown Rice, | | |
| | Tortilla, | Sandwich, | Peas, Oranges | Rice Soup, | Green Beans, | | |
| | Melon & Milk | Apples & Milk | & Milk | Oranges & Milk | Melon & Milk | | |
| | Preschool | | | | | | |
| | Cheese Cubes | Fruit & | Cinnamon Greek | Melon | Yogurt | | |
| | & Fruit | Turkey Rolls | Yogurt Dip & | & Cheese Cubes | & Pretzels | | |
| PM Snack | | - | Apples | | | | |
| | Infant & Toddlers | | | | | | |
| | Cheese Cubes & | Fruit & | Cinnamon Greek | Melon | Yogurt | | |
| | Fruit | Turkey Rolls | Yogurt Dip & | & Cheese Cubes | & Cheerios | | |
| | | | Apples | | | | |

| Nov. 10th - 14th | Monday | Tuesday | Wednesday | Thursday | Friday | | |
|------------------|--|---|--|---|---|--|--|
| | | | Preschool | | | | |
| AM Snack | Whole Grain Cracker & Milk | School Closed- Veteran's Day | Chex Cereal & Milk | Cooking Scrambled Eggs & Milk | Apples & Wheat Thins | | |
| | | | Infant & Toddlers | | | | |
| | Whole Grain Cracker & Milk | School Closed- Veteran's Day | Chex Cereal & Milk | Cheerios & Milk | Apples & Milk | | |
| | | | | | | | |
| Lunch PM Snack | Grilled Cheese Sandwich with Spinach, Apples & Milk English Muffin & Yogurt | School Closed- Veteran's Day School Closed- Veteran's Days | "Chili Con Carne" Spinach, Oranges & Milk Preschool Fruit & Turkey Rolls | Broccoli with Beef & Quinoa & Brown Rice, Melon & Milk Berries, Banana and Milk Smoothie | Chicken, Vegetable & Rice/Quinoa Soup, Fruit & Milk Greek Yogurt Ranch Dip & Carrots | | |
| | - 20 | a a a a a a | | w/Oats | | | |
| | Infant & Toddlers | | | | | | |
| | English Muffin & Yogurt | School Closed- Veteran's Day | Fruit & Turkey Rolls | Berries, Banana and Milk Smoothie w/Oats | Greek Yogurt Ranch Dip & Carrots | | |

Weekly Snack & Lunch Menu

| Nov. 17th - 21st | Monday | Tuesday | Wednesday | Thursday | Friday | |
|------------------|------------------------|-------------------------------|------------------------------|------------------------|------------------------|--|
| | Preschool | | | | | |
| | Cheerios Cereal & Milk | Whole Grain Cracker & Milk | <i>Cooking</i> Pancakes & | Apples & Kix Cereal | Pears & Multi-Grain | |
| AM Snack | | | Milk | | Crackers | |
| | | | Infant & Toddlers | | | |
| | Cheerios Cereal | Whole Grain | Pancakes & | Apples | Pears | |
| | & Milk | Cracker & Milk | Milk | & Milk | & Milk | |
| | Chicken | Turkey and | Chicken Quinoa | Baked Chicken, | Meat Lasagna, | |
| Lunch | Nuggets, Slice of | Cheese | & Veggie Soup, | Brown Rice, | Pears | |
| | Wheat Bread, | Sandwich, | Fruit | Green Beans, | & Milk | |
| | Sautéed | Carrots with | & Milk | Melon & Milk | | |
| | Broccoli, | Yogurt Dip, | | | | |
| | Oranges & Milk | Apples & Milk | | | | |
| | Preschool | | | | | |
| | Cube Cheese & | Bagels with | Turkey Rolls & | Greek Yogurt | Yogurt | |
| | Pretzels | Cream Cheese | Pears | Ranch Dip & | & Fruit | |
| PM Snack | | | | Carrots | | |
| | | | Infant & Toddlers | | | |
| | Cube Cheese & | Bagels with | Turkey Rolls & | Greek Yogurt | Yogurt | |
| | Whole Grain | Cream Cheese | Pears | Ranch Dip & | & Fruit | |
| | Cracker | | | Carrots | | |

| Nov. 24th - 28th | Monday | Tuesday | Wednesday | Thursday | Friday | |
|------------------|--------------------|-----------------|------------------------------|----------------|----------------|--|
| | | | Preschool | | | |
| | Cheerios | Cereal | Crackers & | School Closed- | School Closed- | |
| | & Fresh Fruit | & Milk | Bananas | Thanksgiving | Thanksgiving | |
| AM Snack | | | | Break | Break | |
| | | | Infant & Toddlers | | | |
| | Cheerios | Cereal | Bananas | School Closed- | School Closed- | |
| | & Milk | & Milk | & Milk | Thanksgiving | Thanksgiving | |
| | | | | Break | Break | |
| | Lentil Soup with | Baked Chicken, | Ground Beef | School Closed- | School Closed- | |
| | Carrots, Tortilla, | Mashed | with Broccoli & | Thanksgiving | Thanksgiving | |
| Lunch | Pears & Milk | Potatoes, Green | Quinoa & | Break | Break | |
| | | Beans, Fruit & | Brown Rice, | | | |
| | | Milk | Oranges & Milk | | | |
| | Preschool | | | | | |
| | Pita Bread | Fruit | Hard Boiled Egg | School Closed- | School Closed- | |
| | With Cream | & | & | Thanksgiving | Thanksgiving | |
| PM Snack | Cheese | Cube Cheese | Apples | Break | Break | |
| | | | | | | |
| | Infant & Toddlers | | | | | |
| | Pita Bread | Fruit | Cottage Cheese | School Closed- | School Closed- | |
| | With Cream | & | & | Thanksgiving | Thanksgiving | |
| | Cheese | Cottage Cheese | Apples | Break | Break | |

Weekly Snack & Lunch Menu

| Dec. 1st - 5th | Monday | Tuesday | Wednesday | Thursday | Friday | |
|----------------|-------------------|-----------------|-------------------|----------------|----------------|--|
| | Preschool | | | | | |
| | Chex Cereal & | Crackers & | Cooking | Milk & Kix | Cheerios | |
| | Apples | Fruit | Tortilla with | Cereal | & Milk | |
| AM Snack | | | Butter & Milk | | | |
| | | | Infant & Toddlers | | | |
| | Chex Cereal & | Crackers | Tortilla with | Milk & Kix | Cheerios | |
| | Milk | & Milk | Butter & Milk | Cereal | & Milk | |
| | Turkey & | Baked Chicken, | "Chili Con | Meat Lasagna, | Chicken, | |
| | Spinach Grilled | Brown Rice with | Carne" Spinach, | Oranges & Milk | Vegetables and | |
| Lunch | Cheese | Peas, Pears & | Oranges & Milk | | Quinoa & | |
| | Sandwich, Fruit | Milk | | | Brown Rice | |
| | & Milk | | | | Casserole | |
| | | | | | Melon & Milk | |
| | | | Preschool | | | |
| | Berries, Banana | Pretzels & | Herb Greek | Turkey Rolls | Cube Cheese & | |
| | and Milk | Yogurt | Yogurt Dip & | & Fruit | Wheat Thins | |
| PM Snack | Smoothie | | Carrots | | | |
| | w/Oats | | | | | |
| | Infant & Toddlers | | | | | |
| | Berries, Banana | Crackers & | Herb Greek | Turkey Rolls | Cottage Cheese | |
| | and Milk | Cottage cheese | Yogurt Dip & | & Fruit | & Wheat Thins | |
| | Smoothie | | Carrots | | | |
| | w/Oats | | | | | |

| Dec. 8th - 12th | Monday | Tuesday | Wednesday | Thursday | Friday | |
|-----------------|-------------------|-----------------|-------------------|-----------------|------------------|--|
| | | | Preschool | | | |
| | Pita Bread & | Cooking | English Muffin | Multi-Grain | Chex Cereal & | |
| | Milk | Toast with | & Milk | Rice Crackers | Bananas | |
| AM Snack | | Butter & | | & | | |
| | | Milk | | Fruit | | |
| | | | Infant & Toddlers | | | |
| | Pita Bread & | Toast with | English Muffin | Whole Wheat | Bananas | |
| | Milk | Butter & | & Milk | Crackers | & Milk | |
| | | Milk | | & | | |
| | | | | Fruit | | |
| | Fish Sticks, | Mac n 'Cheese | Beef & Broccoli | Chicken, | Spaghetti, Meat | |
| | Slice of Wheat | Green Beans | Quesadillas, | Vegetable & | Sauce with Peas, | |
| Lunch | Bread, Celery | Oranges & Milk | Fruit & Milk | Quinoa Soup, | Pears & Milk | |
| | Sticks with | | | Oranges & Milk | | |
| | Yogurt Dip | | | | | |
| | Melon & Milk | | | | | |
| | Preschool | | | | | |
| | Cheese & | Hard Boiled Egg | Berries, Banana, | Herb Greek | Yogurt & Whole | |
| | Cheerios | & Apples | Oats and Milk | Yogurt Dip & | Grain Crackers | |
| PM Snack | | | Smoothie | Cucumber Slices | | |
| | Infant & Toddlers | | | | | |
| | Cheese & | Cottage Cheese | Berries, Banana, | Herb Greek | Cottage Cheese | |
| | Cheerios | & Apples | Oats and Milk | Yogurt Dip & | & Whole Grain | |
| | | | Smoothie | Cucumber Slices | Crackers | |

Weekly Snack & Lunch Menu

| Dec. 15th - 19th | Monday | Tuesday | Wednesday | Thursday | Friday | | |
|------------------|-------------------|------------------|-------------------|------------------------|------------------|--|--|
| | Preschool | | | | | | |
| | Multi-Grain | English Muffin | Cooking | Bagel, | Pretzels & Pears | | |
| | Rice Crackers & | & Pears | Scrambled Eggs | Cream Cheese | | | |
| AM Snack | Milk | | & Milk | & Milk | | | |
| | | | Infant & Toddlers | | | | |
| | Multi-Grain | English Muffin | Cheerios | Bagel, | Fruit & Milk | | |
| | Crackers & Milk | & Milk | & Milk | Cream Cheese & Milk | | | |
| | Quesadillas with | Split Pea Soup | Baked Chicken, | "Chili Con | Meat Lasagna,, | | |
| Lunch | Spinach, | with Carrots, | Mashed | Carne" Spinach, | Oranges & Milk | | |
| | Apples & Milk | Tortillas, Pears | Potatoes, Mixed | Oranges & Milk | | | |
| | | & Milk | Veggies, Melon | | | | |
| | | | & Milk | | | | |
| | Preschool | | | | | | |
| | Cheese Cubes & | Turkey Rolls & | Wheat Thins | Herb Greek | Yogurt & Fruit | | |
| | Pretzels | Pears | & Milk | Yogurt Dip & | | | |
| PM Snack | | | | Carrots | | | |
| | Infant & Toddlers | | | | | | |
| | Cheese Cubes & | Turkey Rolls & | Cottage cheese | Herb Greek | Yogurt & Fruit | | |
| | Whole Grain | Pears | & Fruit | Yogurt Dip & | | | |
| | Crackers | | | Carrots | | | |

| Dec. 22th - 26th | Monday | Tuesday | Wednesday | Thursday | Friday | |
|------------------|------------------|--------------------|------------------------------|----------------|----------------|--|
| | | - | Preschool | | | |
| | Kix Cereal | Cheerios | School Closed- | School Closed- | School Closed- | |
| | & | & Milk | Winter Break | Winter Break | Winter Break | |
| AM Snack | Milk | | | | | |
| | | - | Infant & Toddlers | | | |
| | Kix Cereal | Cheerios | School Closed- | School Closed- | School Closed- | |
| | & | & Milk | Winter Break | Winter Break | Winter Break | |
| | Milk | | | | | |
| | Chicken | Lentil Soup with | School Closed- | School Closed- | School Closed- | |
| Lunch | Nuggets, Slice | Carrots, Tortilla, | Winter Break | Winter Break | Winter Break | |
| | of Wheat Bread, | Pears & Milk | | | | |
| | Celery Sticks | | | | | |
| | with Yogurt Dip, | | | | | |
| | Oranges & Milk | | | | | |
| | Preschool | | | | | |
| | Whole Grain | Wheat English | School Closed- | School Closed- | School Closed- | |
| | Crackers & | Muffin & Cream | Winter Break | Winter Break | Winter Break | |
| PM Snack | Cheese cubes | Cheese | | | | |
| | | | Infant & Toddlers | | | |
| | Whole Grain | Wheat English | School Closed- | School Closed- | School Closed- | |
| | Crackers & | Muffin & Cream | Winter Break | Winter Break | Winter Break | |
| | Cottage Cheese | Cheese | | | | |